

One- Day Workshop on
‘Public Speaking Skills: Understanding the Mindset’
Department of English
27th December, 2023

The Department of English organized A One- Day Workshop on **Public Speaking Skills: Understanding the Mindset** on 27th December, 2023. The Workshop was presided by the Vice-Principal Sri P.L Ramesh, Mrs Margarate Ignatius Cheeli a Public Speaking Skills Trainer at Planet Spark International Platform, Hyderabad, Telangana is the Resource Person, addressing the students, Vice-Principal Sri. P.L Ramesh Garu shared his views and opinions on the significant role of English in day-to-day Communication. Proficiency in English will help students to succeed in expressing their ideas and ideals across the world among their peer group and learned men. Language helps us to excel in varied fields hence, speaking and sharing ideas among other is utmost important.

Mrs. Margarete Ignatius Cheeli oriented the first session on how Public speaking skills encompass various aspects, and understanding mindset which is a crucial component. A positive and well-prepared mindset can significantly impact the effectiveness of a public speaker. She insisted on various aspects such as:


- **Believe in Yourself:** Trust your knowledge and expertise on the topic. Understand that you have valuable insights to share.
- **Positive Self-Talk:** Replace negative thoughts with positive affirmations. Encourage yourself rather than dwelling on potential pitfalls.
- **Visualization:** Envision yourself speaking confidently and engaging the audience. Visualization can help reduce anxiety.
- **Focus on the Present Moment:** Instead of worrying about how the audience will perceive you, concentrate on delivering your message effectively in the present.
- **Deep Breathing:** Practice deep breathing techniques to calm nerves. Deep breaths help in reducing anxiety and maintaining focus.
- **Mindful Pause:** Embrace brief pauses during your speech. It not only allows you to gather your thoughts but also makes your speech more impactful.

A questioner to have their personal SWOT analysis was done in the II Session.

She concluded the workshop with remarks of not to lose hope in themselves and strengthened them to believe themselves.

Dr Narendra Kumar H, Head, Department of English began the Workshop and presented his introductory remarks, Ms S. Shanthi Kumari Senior Faculty introduced the Resource person to the students. The work shop was held in II Sessions for two different groups. The first session was for I Year Students and the Second Session for II Year students of BBA, BCom & BCA. Mr B. Mohan Teja Lecturer, Mr M. Tilak Lecturer and Mrs K. Radha Lecturer along with 250 students were present in the workshop.

The poster features a circular logo on the top left with a lamp and the text 'KAKRAPARTI BHAVANARAYANA COLLEGE'. To the right of the logo are the accreditation details: 'ISO 9001:2015', 'NAAC 'A' GRADE CYCLE 3', and '3.5 Star Rating in Innovations & Start-Ups by MoE'. The main title 'Invitation' is written in a green cursive font. Below it, the text reads: 'You are cordially invited to the One Day Workshop on PUBLIC SPEAKING SKILLS.. UNDERSTANDING THE MINDSET.' The date and time are 'On 27th Dec, 2023 | @ 09.00 A.M.' in a green box. The venue is 'U.G Seminar Hall'. The resource person is 'Mrs. MARGARETE IGNATIUS CHEELI. M.A, PGDTE (Ph.D)' with her title 'Public Speaking Skills Trainer at Planet Spark International Platform, Hyderabad, India.' The event is 'Presided by Dr. V NARAYANA RAO, Principal, K.B.N. College' and 'Organized by Department of English'.

 ISO 9001:2015 NAAC 'A' GRADE CYCLE 3
KAKRAPARTI BHAVANARAYANA COLLEGE
Kothapet, Vijayawada - 520001. (Sponsored by S.K.P.V.V. Hindu High Schools' Committee) (AUTONOMOUS)
3.5 Star Rating in Innovations & Start-Ups by MoE

Invitation

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**PUBLIC SPEAKING SKILLS..
UNDERSTANDING THE MINDSET.**

On 27th Dec, 2023 | @ 09.00 A.M.

Venue: U.G Seminar Hall

Resource Person

Mrs. MARGARETE IGNATIUS CHEELI. M.A, PGDTE (Ph.D)

Public Speaking Skills Trainer at Planet Spark
International Platform, Hyderabad, India.

Presided by

Dr. V NARAYANA RAO
Principal, K.B.N. College

Organized by

Department of English

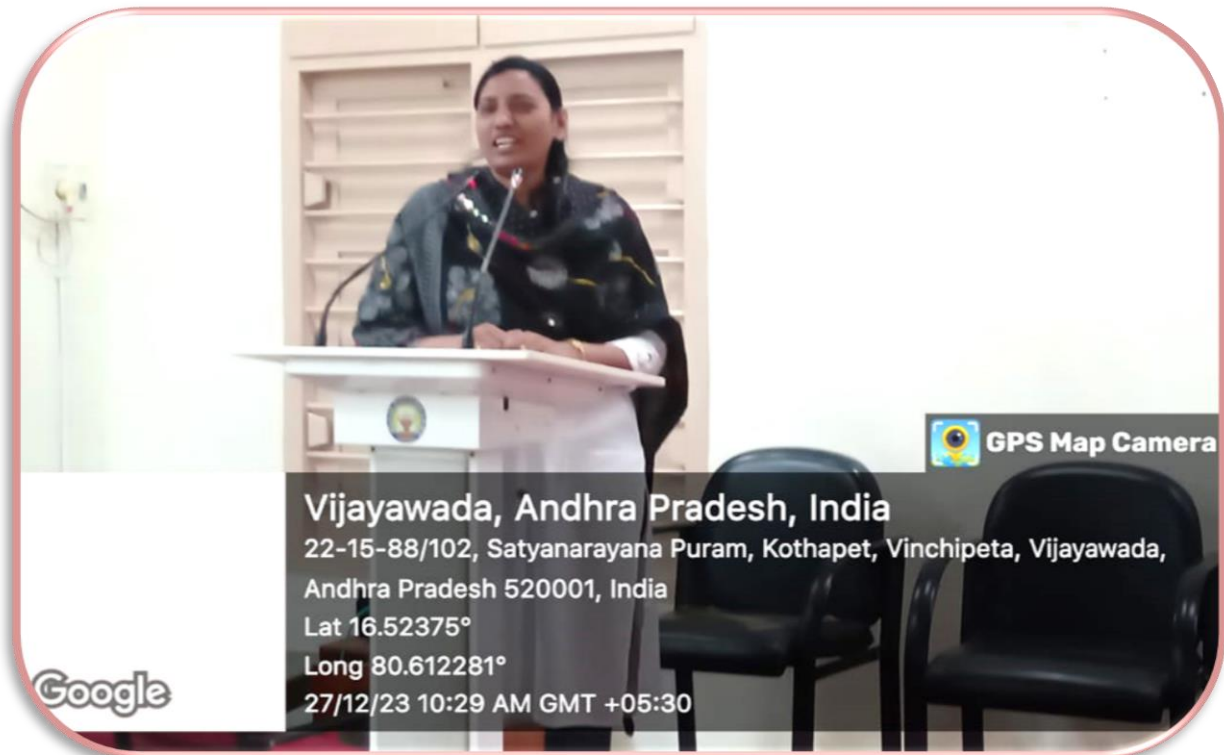
PHOTO GALLERY



**Theme of the Workshop by
Dr. H. Narendra Kumar, Head, Dept. of
English**



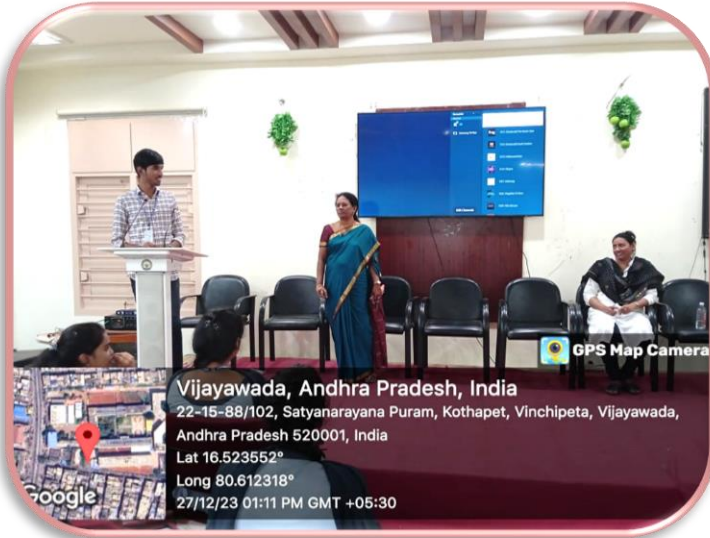
**Introduction of the Resource Person by
Ms. S. Santhi, Dept. of English**



**Mrs. Margarate Ignatius Cheeli a Public Speaking Skills Trainer at Planet Spark
International Platform, Hyderabad, Telangana addressing the students**



Mrs. Margarate Ignatius Cheeli a Public Speaking Skills Trainer at Planet Spark International Platform, Hyderabad, Telangana addressing the students



Feedback from Students